

<u>188th Durham Regatta – Saturday 12th and Sunday 13th June 2021</u> <u>Competitors Instructions</u>

Thank you for your entry for Durham Regatta 2021. Details of the draw are enclosed. As you will see we have a large entry on both days and have in place a number of changes for 2021 due to Covid-19. As such it is imperative that crews are fully briefed and prepared to race at the time of their races. There is virtually no scope for retiming of races so crews should expect the rules of racing to be strictly applied.

Please read the following notes and ensure that your crew members are aware of them. They will make your weekend run smoothly, enjoyably and above all safely.

COVID-19 - Competitors names and details provided via the BROE system will be used for Test and Trace purposes in the run up to, during and after the competition. Information will be used by our COVID-19 Officer for Test and Trace purposes, if necessary. Other attendees including volunteers, coaches and helpers will be required to scan the QR codes at race control and the Regatta will also keep contact details for volunteers attending.

Information for Test and Trace purposes will be stored for a maximum of 21 days after the competition and only used in the event that a positive test result is brought to our attention. This is a necessary measure to comply with Government guidance and ensure the safety of our competitors and volunteers.

The competition has appointed a COVID-19 Officer, Mr. Mark Gilbank, who will be responsible for the handling of all Test and Trace information. If you have any concerns about this, please contact Mark at <u>volunteer-coordinator@durham-regatta.org.uk</u>

All clubs attending are advised to make their own risk assessment around attending, trailer loading, boat rigging and boat sharing. As there is no access to changing rooms or showers for competition, it is advised that you arrive dressed ready to race with adequate spare kit in the event of inclement weather.

We regret that, in 2021 no provision has been made to cater for spectators and, to reduce number of attendees, clubs are advised that spectators should **not be encouraged to attend**.

Availability of refreshment in 2021 will be limited to the provision at the Durham ARC beer garden and cafe (outdoors, governed by their own local COVID-19 rules). It would be advisable if competitors brought their own water and water bottles.

We advise that competitors, volunteers and other attendees assess their own health prior to attending the competition. If you experience any symptoms of coronavirus (such as high temperature, new continuous cough, a loss or change to your usual sense of smell or taste) or those of being generally unwell (increased heart rate, raised temperature, cough, sore throat, shortness of breath, nasal congestion, headache, fatigue, loss of appetite, nausea and

vomiting) please stay at home and inform the organizing committee of your change in circumstances.

It is recommended that all adults involved as competitors, volunteers, coaches, parents/ guardians take LFD tests in the week leading up to the competition. Children over 11 years of age can take the tests as well.

For County Durham residents - The tests are free and there are 14 testing sites operating across the county and over 135 Community Collect sites. County Durham Residents can book a rapid Lateral Flow Device (LFD) test online at <u>www.bookwhen.com/dcc_testing</u> or contact County Durham Together Community Hub on 03000 260 260 if you have no internet access. You can check the location of all County Durham LFD sites, opening times and get directions at <u>https://countydurham.maps.test-and-trace.nhs.uk</u>. You can also collect LFD testing kits at a community collect sites and pharmacies across County Durham. Find your nearest collection point <u>https://maps.test-and-trace.nhs.uk</u>

Non County Durham residents - Orders can be made for a LFD test kit online to be delivered to your home at <u>https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests</u>

If you develop symptoms after the competition and test positive you must notify the COVID-19 officer immediately. Additional information about COVID-19 can be found at www.nhs.uk/conditions/coronavirus-covid-19/

Trailer Toilets will be available for competitors and helpers/volunteers in the car park at Durham ARC. These will be cleaned throughout the regatta and fully serviced between Saturday/Sunday. Please follow any notices with regard to social distancing and use of the toilets that may be posted at the entrance.

Attendees are reminded to maintain appropriate social distancing and observe good hygiene practices at all times and bring their own hand sanitizer with them for use during the regatta.

Durham ARC facilities – refreshments will be available at Durham ARC, outside at their Café/Beer Garden. Rules for ordering and being seated at tables and table service will apply all weekend. Durham ARC may have additional rules in place, please adhere to these when using their facilities.

Covid restrictions in group size – at the time of the regatta, government recommendations indicate that group sizes of up to 30 people, outside, are allowed. We ask that visiting clubs adhere to this requirement at all times in the trailer/boat park, at Durham ARC and on the racecourse. Marshals may ask any groups exceeding this size to separate, please help us to run the competition successfully by complying with any instructions given by marshals.

Whilst Durham Regatta wishes everyone a great weekend of racing, rules in place based to mitigate the potential effects of COVID-19 must be adhered to and **failure to do may result in penalties** being awarded to crews/clubs failing to abide by them.

Boat sharing - if your club is sharing boats between competitors in different divisions, it is **your responsibility** to provide adequate cleaning equipment to clean boats and blades. If you are unsure as to what this would entail there are details on the British Rowing website - <u>https://www.britishrowing.org/2021/03/managing-covid-19-version-11-released/</u>

REGATTA CONTROL is located adjacent to the Start (see enclosed map). It opens 07:00 daily and closes 30 minutes after racing concludes.

ROAD ACCESS TO THE REGATTA New Elvet Bridge is currently closed to traffic and some routes through Durham are difficult for trailers. Please follow the instructions below.

Access for clubs travelling from the north, leave the A1(M) at J63 Chester-le-Street and travel via the A167 to the A177/South Road roundabout (Cock of the North); turn left and follow the road down the hill until you reach the traffic lights at the University Library/Whitechurch; go straight on, down the hill onto New Elvet to the traffic lights at The Royal County/Marriott where you turn right onto Old Elvet. Take the second left onto Green Lane and the car/trailer parks are signed from there (see maps).

Access for clubs travelling from the south leave the A1 at J61 Bowburn and follow the A177 past Maiden Castle sports ground and follow the road until you reach the traffic lights at the **University Library/**Whitechurch; turn right here and go down the hill onto New Elvet to the traffic lights at The Royal County/Marriott where you turn right onto Old Elvet. Take the second left onto Green Lane and the car/trailer parks are signed from there (see maps).

COMPETITOR PARKING Visiting clubs should look at the associated map and note that car park A is for trailers, towing vehicles and minibuses. Car park B is for competitors, club coaches, helpers and officials. **There is no provision for spectator parking in 2021.**

Blue badge parking is available on the track adjacent to Durham ARC and should be accessed via the Site Vehicle Access route.

BOAT TRAILERS Visiting clubs must use Car Park A for trailers and towing vehicles plus any minibuses used for competitor transport. **There will be NO trailer parking at Durham ARC in 2021.**

BOATING ARRANGEMENTS All crews will be boating from Durham ARC in 2021. Boat storage/trestling areas are available on the rugby field. This will allow marshals to call races in order and limit the time that crews are waiting on the water or potentially in close proximity to each other.

FACE COVERINGS MUST BE WORN BY COMPETITORS WHEN CARRYING BOATS TO AND FROM THE BOATING AREA AND AT ALL TIMES WHEN YOU ARE WITHIN THE BOUNDS OF DURHAM ARC, UNLESS THERE IS A MEDICAL REASON FOR NOT DOING SO.

INSPECTION OF BOATS Clubs are responsible for following British Rowing RowSafe best practices and for their own safety should comply with the guidance which relates to them. The Control Commission will perform spot checks on boats, any boats failing checks will not be allowed to race.

OAR STORAGE Oars should be stored in trailers, or similar, when not in use. They should only be brought to the landing stages as you are about to go afloat and should be removed as soon as practical after de-boating. Crews are reminded that carrying and cleaning of their own equipment remains their responsibility.

COXSWAINS Coxswains are requested to self-certify that they meet the minimum weight requirements for the category they are coxing and, where necessary, **to carry their own deadweight**.

Spot checks will be carried out prior to boating by Control Commission Umpires.

Appropriate Buoyancy Aids/Life Jackets MUST be worn. In "front-loader" boats coxswains must wear manually operated gas inflation life jackets. Coxswains and clubs are responsible for cleaning and sanitizing shared club equipment.

LIGHTWEIGHT EVENTS Competitors in Lightweight events weight in at Control Commission in front of the Durham ARC boat store not less then one hour and not more than two hours before the scheduled start time of the first race of the day in the event in which they are entered. Specifically Open Championship Lightweight 1x must weigh in between 13:06 and 14:06 on Sunday.

SCRATCHINGS Please show consideration to your fellow competitors and inform Regatta Control of any scratching as soon as is practical.

SUBSTITUTIONS may be made online via BROE prior to race day or via Regatta Control prior to a crew's first race. After the first race, only substitutions on medical grounds may be made and these must be authorized by the Chair of the Race Committee via Regatta Control

To avoid unnecessary visits to race control, clubs and crews and encouraged to manage substitutions on-line and only visit Regatta Control to do this when absolutely necessary. Should you need to do this at regatta control, face coverings must be used.

RACING LICENCES Crew composition may be checked by Control Commission prior to a crew's first race. Crew sheets will be distributed with the draw. These should be checked by the entering club prior to race day. On race day Control Commission will check crew members against the crew sheets prior to boating for the crew's first race.

CHANGE OF STATUS As the Sunday competition is raced under the personal ranking system, crews will not change status after Saturday's racing. No allowance has been made in the Sunday draw for change of status.

PRIZE GIVING prizes will be handed out to a crew representative of each status/category winner at Regatta Control for each division i.e. for division 1 from 1pm to 2:30pm and for division 2 from 6pm until 7:30pm on each day.

ADDITIONAL LOCAL RULES

NEW ELVET BRIDGE RIVER TRAFFIC CLOSURE – Civil engineering works to New Elvet Bridge mean that the river beneath the bridge is **CLOSED** to all river traffic from 7am until 6pm Monday to Saturday inclusive.

Saturday 12th June 2021 - Boats needing to get upstream of New Elvet Bridge to the trailer park/boat field must do so either by trailer or outside of the times stated above. No boats will be able proceed upstream of New Elvet Bridge after 7am or return to boathouses downstream of New Elvet Bridge until after 6pm on Saturday 12th June 2021.

As a result of the bridge closure, the course on Saturday will be approximately 50m shorter, i.e. finishing 50m downstream of Baths Bridge. Crews are advised to familiarize themselves with the finish position for Saturday.

After the finish, crews will be marshalled towards a buoy and must turn around the buoy and queue on the racecourse side in single file awaiting instructions to proceed back upstream. Crews **MUST NOT** attempt to cross over the boom in place whilst work is being carried out on the bridge. Crews must be ready to respond promptly to instructions to move upriver back towards the landing stages at Durham ARC.

Sunday 13th June 2021 – The River will be **OPEN** under New Elvet Bridge. Crews intending to take their boats up river must be off the water and in the trailer/boat field by 7:30am.

On Sunday, the **short course finish will revert to its normal position**, approximately 100m downriver of Baths Bridge.

After the finish, crews will be marshalled towards a buoy and must turn around the buoy and queue on the racecourse side in single file awaiting instructions to proceed back upstream. Crews that have been knocked out may proceed back to their boathouses below New Elvet Bridge **UNLESS** the boat is being used again, in which case it must be returned to the trailer/boat field. Crews must be ready to respond promptly to instructions to move upriver back towards the landing stages at Durham ARC.

RACING ORDER Races are rowed in the order shown in the programme (this includes long course races). There is usually no scope for the re-timing of races. Please assist us by arriving at the start in good time for your race. You should report to the start marshals' platform by Durham ARC boathouse at least TEN minutes before the scheduled time of your race.

Byes - Byes will NOT be rowed for either long or short course races.

Short Course Races Winner stays on in 2021 – To cater for the river closure and to reduce potential for interactions off the river, in 2021 on both Saturday and Sunday, the regatta will operate a system of "winner stays on" for short course races. For example,

- If there are 9 to 16 entries, heat winners will remain on the river and will be marshaled at the start to race the quarter-finals. After the quarter-finals there will be sufficient time in the schedule for semi-finalists to de-boat and return to the trailer/boat field prior to boating for their semis/finals;
- If there are 5 to 8 entries the quarter finals will be raced followed by a gap to allow return to the trailer/boat field. Then the crews will boat for their semis/finals.
- If there are 4 or fewer entries crews will boat and complete all their races before leaving the water.

The race order and timing of races will reflect this.

Crews must take this into account when preparing to race and also the prevailing weather conditions e.g. hot and sunny, so that appropriate clothing and fluids may be taken in the boat.

NUMBERS – paper numbers will be issued (but see note about long course/championships below), **to be worn on Bow/Sculler racing vest.** In addition, a plastic number will be issued to be placed in the slot on the bows.

Numbers will be **pre packed for each club and must be collected per club to reduce the number of people visiting Regatta Control**. They may be collected from Regatta Control from 07:00 on race day. Race numbers will **NOT** be issued until all monies owed for club entries have been paid.

After completion of racing, crews are asked to return their plastic race number to the number buckets provided at the landing stages. A charge of £2.00 will be made for any non-returned plastic numbers.

FACE COVERINGS MUST BE WORN WHEN ATTENDING RACE CONTROL UNLESS THERE IS A MEDICAL REASON FOR NOT DOING SO.

LONG COURSE RACES - In 2021 crews entering long course races will be identified by a "black text on white background" plastic number (other crews on Sunday having "white text on black background" plastic number). Only one paper number will be issued. The paper number should be worn on the racing strip. It is imperative that long course crews report to the marshals promptly to ensure that these races start promptly. Long course races WILL NOT be subject to heat winners "stay on the water rules".

ATTACHING TO STAKEBOATS clubs and coaches should ensure that their crews are competent in attaching to stakeboats. Crews may be disqualified if the Umpires consider that a crew is not competent in attaching within a reasonable timeframe.

PHOTOGRAPHY Durham Regatta takes place in a public location and crews should be aware that photographs may be taken by amateur and professional photographers or by members of the general public. Durham Regatta expects anyone taking photographs at the regatta to act within the Safeguarding and Photography policy of British Rowing. Please report any suspected breaches of this policy to the Welfare Officer via Regatta Control.

DRONES The use of drones is NOT permitted at Durham Regatta unless previously authorised by the Organising Committee. You are reminded that there are strict government rules regarding flying drones in built up areas and close to large outdoor gatherings such as Durham Regatta.

CAMPING is not permitted at Durham Regatta in 2021.



SAFETY NOTES

Durham Regatta follows the British Rowing Row Safe Guide, will be in accordance British Rowing Coronavirus Guidelines, HMG Guidelines and any additional Durham County Council requirements. All competing clubs and competitors should be familiar with the Guides and for their own safety should comply with the guidance which relate to them. Visiting Clubs will be responsible for their own procedures for cleaning of equipment, particularly when shared between crews and for having their own COVID-19 guidelines in place for the assembly of boats and movement around club equipment and trailers.

Regatta Control

Is situated adjacent to the Regatta Start which can be contacted throughout the Regatta weekend on 07398 902681 or 07889 362082. Alternatively ask any Regatta Official with a radio to contact Regatta Control if required.

Medical Provision & First Aid

NERAMS Ltd will be on duty, based near Regatta Control and can be contacted via Regatta Control. Appropriate COVID-19 protocols will be adhered to by NERAMS in providing First Aid services.

Safety/Rescue Craft

Safety/Rescue Craft will be on duty during racing hours. Launches have priority if they are moving.

They may be summoned by any Regatta official via Regatta Control. Launch crews will comply with safety precautions as per the Regatta Risk Assessment for COVID-19. If you do have to be rescued, please assist the launch crew by complying with their instructions with respect to any COVID-19 required PPE that they may ask you to use.

The craft will generally be located:

- 1. Downstream of the Short Course finish.
- 2. At Collingwood landing near the Start when short course races are being held.
- 3. Near Kingsgate Bridge when long course races are being held

Telephone

A mobile phone for emergency use is located at Regatta Control near the start and a telephone for 999 use is located at Durham ARC boathouse.

Vehicles

The Regatta Site is not accessible to unauthorized vehicles. Competitors should use the car park B off Green Lane as per the Competitors Instructions.

Note that following congestion in previous years there is no parking on the track in the vicinity of Durham ARC boathouse.

Whilst cycling on the riverbanks is permitted in 2021, anyone cycling alongside/pacing a crew could result in the disqualification of that crew.

Boating

The entrance and exits to the trailer park/boating field may be uneven and slippy, please proceed with caution in these areas.

Movement on the River

During racing hours crews are not permitted to train on the course. The River Wear in Durham is narrow in places and great care must be exercised at all times. Crews may warm up on the stretch of river upstream of the Durham ARC Landing.

In 2021, due to the New Elvet Bridge river closure, there will be no warming down below the bridge on Saturday.

On Sunday, warm down below Elvet Bridge in the case of Short Course races is permitted, or below Count's House in the case of Long Course races.

Crews proceeding upstream must do so on the Racecourse (starboard) side. Crews must obey umpire and marshals instructions at all times. In particular crews should only move between short course finish and St. Cuthbert's landing and between Collingwood boathouse and the start when directed by a regatta official. See circulation plan for details.

Durham based clubs should ensure that their boats are upstream of New Elvet Bridge by 7am on Saturday and at least 30 minutes prior to the start of racing on Sunday. After this time all boats should boat/de-boat from Durham ARC landing stages. Boats may be returned to their home boathouse downstream of the finish immediately after their last race of the day except on Sunday morning (division 1) when the lower reach is reserved for long course racing.

Please see additional information in Competitors Instructions regarding boat movements owing to the closure of New Elvet Bridge.

St. Cuthbert's Landing, Bede Landing and Collingwood Landing should not be used during the hours of racing without the express permission of the Race Committee. This will only be granted in exceptional circumstances.

Bank Umpire instructions must be obeyed at all points on the course.

After Racing is completed on Saturday and Sunday the usual rules of the river apply, subject to restrictions due to the closure of New Elvet Bridge detailed in the Competitors Instructions above. Crews must use the starboard side. i.e.

- Row upstream on Racecourse side
- Row downstream on Pelaw Wood side

Construction Work and Riverbank and Footpath Collapses

There will be restrictions due to construction work in the area around New Elvet Bridge, as described in the Competitors Instructions above. These will be monitored by Race Committee and marshals will be in place to advise crews.

The bank on Racecourse side near Baths bridge has partially collapsed due to flooding, narrowing the river at this point. Great care must be taken when passing between the Short Course finish and St. Cuthbert's Landing stage and crews must be alert to racing crews and follow the instructions of umpires and marshals.

Weather and Water Conditions

The Race Committee and Safety Committee will monitor the weather and water conditions throughout the Regatta and may suspend, delay or cancel individual races, boat classes or the whole Regatta, if they decide that the conditions are unsuitable for safe and fair racing. These decisions are without appeal.

All competitors should dress appropriately for the prevailing weather conditions. It is always advisable to bring a spare change of clothing in case the British weather does what it does best!

Water Quality

Although the River Wear is monitored by the Environment Agency it is impossible to guarantee the cleanliness of the water. All competitors and officials should be aware of the possibility of contracting water borne diseases. The British Rowing Row Safe documentation gives guidance as to how to minimize the risks. In particular anyone who swallows river water is advised to seek medical attention should they subsequently become ill.

River Banks

The river banks are uneven and steep in places. Extreme caution should be exercised when on/near the river the banks. The areas around landing stages may be covered in oars and other equipment whilst crews are boating/de-boating. This equipment should be returned removed from the landing stage area as soon as practical after a crew/boat leaves the landing stages.

Shallows

The River Wear is shallow in places. In particular the racecourse side of the river just upstream of the start is shallow and crews travelling upstream should take care through this area.

Trees and other obstructions

The River Wear in Durham has been subject to a number of landslips and fallen trees over the past few years. Most of these have been moved and the remnants cause very minimal interference with rowing/racing activities.

Barbecues, Tents and Gazebos

In the interests of health and safety no barbecues, tents or gazebos are permitted on the racecourse. These may encourage competitors to congregate or may obstruct the pathway along the river bank, on the racecourse. There must be no barbecues in the trailer field.

Gazebos may be allowed on the trailer field so long as they are off the rugby field area and do not impact on the boat circulation pattern i.e. away from entrance/exits and keeping the central area clear for boat transit.

Such Gazebos must only be used by clubs to provide shelter of their own athletes and not for general congregation of people.

Useful Contact information

Regatta Secretary Entries Secretary Welfare Officer Safety Advisor Chairman of Race Committee	Mr. Andrew Fisk Mr. Eddie Bryant/Mr. Tim Morris Stella van Zwanenberg contact via Regatta Control contact via Regatta Control	07889 362082 07398 902681 07986 944677
University Hospital North Durham		0191 333 2333
Durham ARC Boathouse		0191 386 6431

All emergencies must be notified to Regatta Control who will co-ordinate with the relevant emergency services.

Non-emergency incidents should also be notified to Regatta Control who will respond/record as appropriate.



LOCAL RULES

Durham Regatta is held under British Rowing Rules of Racing subject to the following local rules.

- 1. Crews moving upstream must proceed on the Racecourse side (i.e. keep to starboard) and obey all instructions given by umpires and marshals who will stop crews as necessary to keep the course clear for racing.
- 2. All crews and scullers must report to the marshal (positioned at Durham A.R.C. Boathouse) at least 10 minutes before the times of their respective races. They must remain upstream of the start bunting until they are given clearance by the marshal to proceed to the Start.

Crews and scullers not arriving on time may be disqualified.

- 3. The crew first mentioned in each race will take the Racecourse station.
- 4. The course will be buoyed, each boat must keep to its own water and any boat passing on the wrong side of a buoy may be disqualified. Crews whose oars overlap a buoy may be disqualified but the utmost discretion will be allowed by the umpires to scullers, doubles and pairs.
- A Yellow flag will be displayed for winners on the Racecourse station. A Blue flag for winners on the Pelaw Wood station. Both flags simultaneously for a dead-heat.
- 6. In the event of a dead-heat in a short-course race, crews must not leave their boats and the heat must be re-rowed immediately. For a dead-heat in a long course race the time for the re-row shall be fixed by the Entries Secretary, and in no event shall the interval between the dead-heat and the re-row exceed one hour.
- 7. Long and short course byes will NOT be rowed.
- 8. After short course races crews must turn around the large buoy promptly.
- 9. The British Rowing Row Safe guidance will be applied in the interests of the safety of competitors and general public.
- 10. Any crew being paced or followed by a bicycle may be disqualified.
- 11. Spectators are discouraged. Clubs are expected to bring the minimum of personnel required to ensure their crews races in a safe manner. Gazebos may be allowed on the trailer field so long as they are off the rugby field area and do not impact on the boat circulation pattern i.e. away from entrance/exits and keeping the central area clear for boat transit. Such Gazebos must only be used by clubs to provide shelter of their own athletes and

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